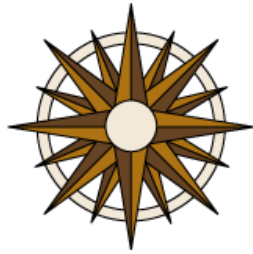


WORLD ADVENTURE TOURS  
Travel globally, book locally.  
worldadventuretours.com

## Adventure Trek to Annapurna Base Camp Nepal





Day 1

**Arrive at Kathmandu and transfer to hotel**

Sherpa Expedition & Trekking staff will be there to greet you at Tribhuvan International Airport and take you to your hotel, followed by a briefing covering information, do's and don'ts of your trek. Your safety and comfort are paramount.

Day 2

**Drive from Kathmandu to Pokhara (8,50m) Duration: 6-7 hours.**

Our journey begins with a 6-7 hour drive toward the Pokhara Valley and its beautiful Phewa Tal (lake) and then checking in to your hotel close to Phewa Tal. There is plenty to see and do along Lakeside with its many shops, bars, and restaurants to choose from.

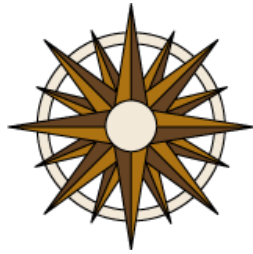
Day 3

**Drive from Pokhara to Nayapul & trek to Ulleri (1,900m)  
Duration: 6-7 hours.**

Today we travel by private vehicle from Pokhara to Nayapul and then trek to Ulleri. The trail follows a steep path for 2 to 3 hours before leveling off. We pass through a forested area and will then have amazing views of Mt. Annapurna South and Mt..Hiunchuli.

Day 4

**Trek from Ulleri to Ghorepani (2,860m) Duration: 5-6 hours.**



Leaving Ulleri (2070m) we then follow the trail to the Magar village of Banthanti from where we are blessed with magical views of Mt. Machapuchare (6997m), Hiunchuli (6441m) and Annapurna South (7219m). After following the trail through a lush pink flowering rhododendron forest (8 distinct varieties) we cross a small bridge before reaching the village of Ghorepani where enormous peaks, such as Dhaulagiri, Annapurna South, Hiunchuli, and Annapurna loom in the background. Rhododendrons are Nepal's national emblem! This is a fantastic place to sit and take in the exquisite views of the rhododendron forests below after a demanding 6 to 7 hour trek.

Day 5

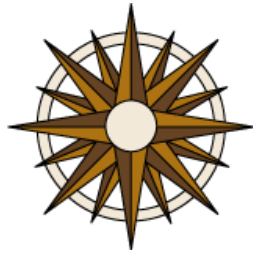
**Ghorepani to Poon Hill viewpoint (3,210m) & to Chuile (2,710m)  
Duration: 6-7 hours.**

Poon Hill is justifiably well known for offering unheralded views of the Annapurna Ranges – especially at sunrise and sunset. An early start will see us reach the Poon Hill viewpoint where we can watch the changing colors reflecting off the mountains, such as Dhaulagiri (8167m), Annapurna I (8091m), Annapurna II (7937m), Annapurna III (7855m), Annapurna IV (7525m), Annapurna South (729m), Nilgiri (6940m), Tukuiche (6920m), Varaha Shikhar (7847m) & Lamjung Himal (6931m). After sending your camera into overdrive we will return to a well deserved breakfast at Ghorepani, after which we head to Chuile.

Day 6

**Trek from Chuile to upper Sinuwa (2360m) Duration: 5-6 hours.**

After breakfast, we will leave Chuile and head to Sinuwa following a narrow trail until we reach Upper Sinuwa where the views are much better than from Sinuwa itself. From this vantage point you have



close-up and unobstructed views of Mt. Machapuchare (fishtail - 6993m), and Hiunchuli (6441m).

**Day 7**

**Trek from Sinuwa to Deurali (3,200m) Duration: 5-6 hours.**

Our trek today starts off heading downhill on stone steps to Sinuwa before going uphill to Deurali. The descending trail on the stone steps takes us through a bamboo forest passing streams and among flowering shrubs.

**Day 8**

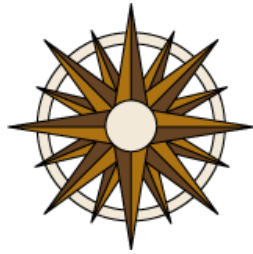
**Trek from Deurali to ABC (4,120m) Duration: 5-6 hours.**

Today's trek takes us via Machapuchare Base Camp and then to the Sanctuary (ABC) along with a trail that is often covered in snow – depending on the season. We follow the trail that takes us by Hinku Cave and Deurali. From ABC you are blessed with mind-boggling views of Annapurna I (8091m), Annapurna South (7219 m), Himchuli (6441m), and Machapuchare (6997m) n enormous mountain right before your eyes! ABC has several teahouses where we can stop for a break and take in the magnificent views. We will stay here tonight.

**Day 9**

**Trek from ABC to Bamboo (2,400m) Duration: 5-6 hours.**

Leaving ABC we trek back through lush vegetation until we reach Bamboo Village where we stay for the night. Breakfast, lunch & dinner Included



Day 10

**Trek from Bamboo to Jhinu Danda (hot spring) (1760m) via Chomrong; Duration: 5-6 hours.**

Leaving Bamboo in the morning we have a short climb to Sinuwa Village (2320m) and then on to Chomrong. After a short break at Chomrong we head uphill and then descend to Jhinu Danda. This is an excellent opportunity to relax your tired muscles in the hot spring just below the Modi River. We will stay here tonight. Breakfast, lunch & dinner Included

Day 11

**Trek from Jhinu Danda to Nayapul & drive to Pokhara (8,20m) Duration: 6-7 hours. 2-3 HOURS WALK**

This is our final day on the trail and after leaving Jhinu Danda we follow an easily traversed trail alongside the Modi Khola River for about 4 to 5 hours before reaching Birethanti Village. We then continue to Nayapul before driving back to Pokhara. Today's trek and drive is about 6 to 7 hours.

Day 12

**Drive from Pokhara to Kathmandu; Duration: 6-7 hours.**

Today we head back on a 6 to 7 hour drive to Kathmandu with many fond memories of Nepal and its unique culture and geography. These memories will last a lifetime!



WORLD ADVENTURE TOURS  
Travel globally, book locally.  
worldadventuretours.com

---

Day 13

### **International departure from Kathmandu Airport.**

Sherpa Expeditions & Trekking staff will transfer you to the airport for your final departure from Nepal. We hope that this epic trek will be firmly ingrained in your memory and will be enough to prompt you to consider your next trek with us!